



UNIVERSITI TEKNOLOGI MARA

PELAN PENGAJIAN PROGRAM e-PJJ

BACHELOR OF SPORTS SCIENCE (HONS) (SR243)

SEMESTER 1				
BIL	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
1.	CTU552	Philosophy and Current Issues	2.0	KURSUS UTAMA
2.	MKT558	Digital Marketing (University Elective)	3.0	KURSUS UTAMA
3	ELC590	English for Oral Presentations	2.0	KURSUS UTAMA
4.	SPS432	Fundamental Practices of Sports Psychology	3.0	KURSUS UTAMA
5.	SPS585	Motor Learning and Control	3.0	KURSUS UTAMA
6.	TMC401	Introductory Mandarin (Level 1)	2.0	KURSUS UTAMA
7.	HBU111	Co-Curriculum 1	1.0	KURSUS BUKAN UTAMA
		JUMLAH KREDIT	16	
SEMESTER 2				
	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
8.	CTU554	Penghayatan Etika Dan Peradaban II	2.0	KURSUS UTAMA
9.	ELC640	English for Job Application	2.0	KURSUS UTAMA
10.	ELC650	English for Professional Interaction	2.0	KURSUS UTAMA
11.	TMC451	Introductory Mandarin (Level 2)	2.0	KURSUS UTAMA
12.	SPS411	Anatomy and Physiology of Human Movement	4.0	KURSUS UTAMA
13.	SPS655	Applied Principles of Sport Coaching	4.0	KURSUS UTAMA
14.	HBU121	Co-Curriculum II	1.0	KURSUS BUKAN UTAMA
		JUMLAH KREDIT	17	
SEMESTER 3				
	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
15.	TMC501	Introductory Mandarin (level 3)	2.0	KURSUS UTAMA
16.	SPS482	Exercise Nutrition	3.0	KURSUS UTAMA
17.	SPS500	Applied Physical Fitness and Wellness	3.0	KURSUS UTAMA
18.	SPS505	Elective 1: Exercise Biochemistry	3.0	KURSUS UTAMA
19.	SPS543	Exercise Psychology	3.0	KURSUS UTAMA
20.	SPS625	Elective 3: Performance Analysis	3.0	KURSUS UTAMA
21.	HBU131	Co-curriculum III	1.0	KURSUS BUKAN UTAMA
		JUMLAH KREDIT	18	
SEMESTER 4				
	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
22	SPS477	Physiology of Sport and Exercise	3.0	KURSUS UTAMA
23.	SPS574	Nutrition for Sport Performance	3.0	KURSUS UTAMA
24.	SPS475	Fitness Testing and Evaluation	3.0	KURSUS UTAMA
25.	SPS612	Sport and Exercise Biomechanics	3.0	KURSUS UTAMA
26.	SPS609	Applied Exercise and Sports Rehabilitation	3.0	KURSUS UTAMA
		JUMLAH KREDIT	15	
SEMESTER 5				
	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
27.	SRT441	Information Technology in Sports	3.0	KURSUS UTAMA
28.	SPS462	Prevention and Care of Sport Injuries	3.0	KURSUS UTAMA
29.	SPS611	Applied Physiology and Exercise	3.0	KURSUS UTAMA
30.	SPS652	Elective 4: Sports for Person with Disabilities	3.0	KURSUS UTAMA
31.	SPS564	Advanced Conditioning	4.0	KURSUS UTAMA
		JUMLAH KREDIT	16	
SEMESTER 6				

	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
32.	SPS523	Sport Injury Care and Safety	4.0	KURSUS UTAMA
33.	SRT421	Sociology of Sports	3.0	KURSUS UTAMA
34.	SPS459	Promotion of Exercise and Health	3.0	KURSUS UTAMA
35.	ENT600	Technology Entrepreneurship	3.0	KURSUS UTAMA
36.	SMG402	Managing Sports Organizations	3.0	KURSUS UTAMA
		JUMLAH KREDIT	16	
SEMESTER 7				
	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
37.	SRT666	Statistics in Behavioural Sciences and Sport	3.0	KURSUS UTAMA
38.	SRT656	Research Methodology in Behavioural Sciences and Sport	4.0	KURSUS UTAMA
39.	SMG609	Professional Ethics and Policy Issues in Sport	3.0	KURSUS UTAMA
40.	SPS457	Swimming	2.0	KURSUS BUKAN UTAMA
		JUMLAH KREDIT	12.0	
SEMESTER 8				
	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
41.	SRW690	Research Project in Sport and Recreation	6.0	KURSUS UTAMA
42.	SRW699	Industrial Training	6.0	KURSUS UTAMA
		JUMLAH KREDIT	12.0	

**dikemaskini pada mac 2021*

JUMLAH KESELURUHAN KREDIT: 122