



**UNIVERSITI TEKNOLOGI MARA**

**PELAN PENGAJIAN PROGRAM e-PJJ**

**BACHELOR OF SPORTS SCIENCE (HONS) (SR243)**

**SEMESTER 1**

BIL	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
1.	CTU552	Philosophy and Current Issues	2.0	KURSUS UTAMA
2.	ELC590	English for Oral Presentations	2.0	KURSUS UTAMA
3.	SPS432	Fundamental Practices of Sports Psychology	3.0	KURSUS UTAMA
4.	SPS585	Motor Learning and Control	3.0	KURSUS UTAMA
5.	TAC401	Introductory Arabic (Level 1)	2.0	KURSUS BUKAN UTAMA
6.	HBU111	National Kesatria 1	1.0	KURSUS BUKAN UTAMA
<b>JUMLAH KREDIT</b>			<b>13</b>	

**SEMESTER 2**

	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
7.	CTU554	Values and Civilisation II	2.0	KURSUS UTAMA
8.	ELC640	English for Job Application	2.0	KURSUS UTAMA
9.	TAC451	Introductory Arabic (Level 2)	2.0	KURSUS BUKAN UTAMA
10.	SPS411	Anatomy and Physiology of Human Movement	4.0	KURSUS UTAMA
11.	SPS655	Applied Principles of Sport Coaching	4.0	KURSUS UTAMA
12.	HBU121	National Kesatria 2	1.0	KURSUS BUKAN UTAMA
<b>JUMLAH KREDIT</b>			<b>15</b>	

**SEMESTER 3**

	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
13.	TAC501	Introductory Arabic (level 3)	2.0	KURSUS BUKAN UTAMA
14.	SPS482	Exercise Nutrition	3.0	KURSUS UTAMA
15.	SPS500	Applied Physical Fitness and Wellness	3.0	KURSUS UTAMA
16.	SPS505	Exercise Biochemistry	3.0	ELEKTIF 1
17.	HBU131	National Kesatria 3	1.0	KURSUS BUKAN UTAMA
18.	ELC650	English for Professional Interaction	2.0	KURSUS UTAMA
<b>JUMLAH KREDIT</b>			<b>14.0</b>	

**SEMESTER 4**

	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
19.	SPS477	Physiology of Sport and Exercise	3.0	KURSUS UTAMA
20.	SPS574	Nutrition for Sport Performance	3.0	KURSUS UTAMA
21.	SPS475	Fitness Testing and Evaluation	3.0	KURSUS UTAMA
22.	SPS612	Sport and Exercise Biomechanics	3.0	KURSUS UTAMA
23.	SPS609	Applied Exercise and Sports Rehabilitation	3.0	KURSUS UTAMA
<b>JUMLAH KREDIT</b>			<b>15.0</b>	

**SEMESTER 5**

	KOD	KURSUS	JAM KREDIT	JENIS KURSUS
24.	SRT441	Information Technology in Sports	3.0	KURSUS UTAMA
25.	SPS462	Prevention and Care of Sport Injuries	3.0	KURSUS UTAMA
26.	SPS611	Applied Physiology of Sport and Exercise	3.0	KURSUS UTAMA
27.	SPS564	Advanced Conditioning	4.0	KURSUS UTAMA
<b>JUMLAH KREDIT</b>			<b>13.0</b>	

**SEMESTER 6**

	<b>KOD</b>	<b>KURSUS</b>	<b>JAM KREDIT</b>	<b>JENIS KURSUS</b>
28.	SPS523	Sport Injury Care and Safety	4.0	KURSUS UTAMA
29.	SRT421	Sociology of Sport	3.0	KURSUS UTAMA
30.	SPS459	Promotion of Exercise and Health	3.0	KURSUS UTAMA
31.	SMG402	Managing Sports Organizations	3.0	KURSUS UTAMA
		<b>JUMLAH KREDIT</b>	<b>13.0</b>	

**SEMESTER 7**

	<b>KOD</b>	<b>KURSUS</b>	<b>JAM KREDIT</b>	<b>JENIS KURSUS</b>
32.	SRT666	Statistics in Behavioural Sciences and Sport	3.0	KURSUS UTAMA
33.	SRT656	Research Methodology in Behavioural Sciences and Sport	4.0	KURSUS UTAMA
34.	SMG609	Professional Ethics and Policy Issues in Sport	3.0	KURSUS UTAMA
35.	SPS457	Swimming	2.0	KURSUS UTAMA
		<b>JUMLAH KREDIT</b>	<b>12.0</b>	

**SEMESTER 8**

36.	MKT558	Digital Marketing	3.0	ELEKTIF 2
37.	SPS625	Performance Analysis	3.0	ELEKTIF 3
38.	SPS543	Exercise Psychology	3.0	KURSUS UTAMA
39.	SPS652	Sports for Person with Disabilities	3.0	ELEKTIF 4
40.	ENT600	Technology Entrepreneurship	3.0	KURSUS UTAMA
		<b>JUMLAH KREDIT</b>	<b>15.0</b>	

**SEMESTER 9**

	<b>KOD</b>	<b>KURSUS</b>	<b>JAM KREDIT</b>	<b>JENIS KURSUS</b>
41.	SRW690	Research Project in Sport and Recreation	6.0	KURSUS UTAMA
42.	SRW699	Industrial Training	6.0	KURSUS UTAMA
		<b>JUMLAH KREDIT</b>	<b>12.0</b>	

*\*Dikemaskini pada Oktober 2022*

**JUMLAH KESELURUHAN KREDIT: 122**